As you settle into the spring semester, take time to learn about campus resources that can support your academic, financial, and personal wellness as a student.

### SF State Resources for Academic, Financial, and Personal Wellness

#### Academic
- **Professor Office Hours**
  Attend office hours to ask questions, seek help, and to get to know your professors. Check your course syllabus for information or contact your professor.
- **Tutoring and Academic Support Center (TASC)**
  Connect with TASC for free, online tutoring via appointment, drop-in, or group session. Work with tutors to strengthen your overall academic skills.
- **Disability Programs and Resource Center (DPRC)**
  Connect with DPRC for support with accessibility, including learning accommodations (if eligible).

#### Financial
- **Financial Aid**
  Connect with Financial Aid for questions related to your award. Be sure to complete any To Do List items on your Student Center and submit your 2021-2022 FAFSA or CA Dream Act application by March 2.
- **Scholarship Search**
  Learn how to find and apply for scholarships to help pay for tuition.
- **Find a part-time job on Handshake**
  Search for campus jobs and internship opportunities using Handshake, an online search platform managed by Career Services & Leadership Development.

#### Personal
- **Health Promotions and Wellness (HPW)**
  Connect with HPW for health education opportunities in various areas such as nutrition, sexual health, mental health, and more. Food-Shelter-Success may be able to provide support related to food security, housing stability, economic crisis, and more.
- **Counseling and Psychological Services (CAPS)**
  CAPS provides a safe, confidential space to explore concerns such as stress, depression, alcohol and drug use, and more. Connect for individual counseling or group workshops.

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### Dates and Deadlines

Check the Registrar’s website and the University Calendar for important dates and deadlines.

1/25 - 2/12
Permission number needed to add a class to your schedule (contact the instructor to request permission to add a course)

2/12
Deadline to drop classes through your Student Center without a "W" (withdraw) grade

2/13 - 4/19
Withdrawal petition (for serious and compelling reasons) must be submitted online through your Student Center to withdraw from a class

3/2
Deadline to submit 2021-2022 FAFSA or CA Dream Act Application advising.sfsu.edu
GET CONNECTED AT SF STATE

Find more involvement opportunities:
First Year Experience Virtual Events
GatorXperience
Student Clubs and Organizations

2/4 Connect with other freshmen for the First Year Experience Game Night: Cards Against Humanity! RSVP here.

2/9 Deadline to apply for the Gator Leadership Circle, a program designed to help first-year students with academic, career, and leadership development. Click here for more info and to apply.

2/9 Learn tips to get organized for success at the First Year Experience Online Resources Workshop (for first-year freshmen). RSVP here.

2/17 Attend Career Services & Leadership Development’s office’s How to Navigate Virtual Fairs Workshop to prepare for upcoming virtual fairs.

2/25 Learn how to navigate scholarships at the First Year Experience Scholarship Workshop (for first-year freshmen). RSVP here.

HOW TO FIND GPAS, UNITS EarnED
In addition to completing GE and major requirements, you must also complete university requirements which include earning the following:

- A minimum 2.0 SF State, Combined Cumulative (includes college-level work from other institutions), and major GPA
- At least 120 units

Fortunately, you have a personalized Degree Progress Report (DPR) you can access from your Student Center that shows your progress toward these graduation requirements. Refer to the following sections of your DPR to find your GPAs and units earned.

Q&A

Q: WHAT IS MY CLASS LEVEL?
A: Your class level is based on total units earned and includes credit from other colleges and exams (i.e. AP/IB).

- Freshmen: Less than 30 units earned
- Sophomore: 30-59 units earned
- Junior: 60-89 units earned
- Senior: 90+ units earned

If your goal is to graduate in 4 years, plan to average 15 units per semester or 30 units per year (including summer).

Q: WHAT IS THE DEAN’S LIST?
A: This scholastic distinction is noted on your transcript when you earn a 3.25 term GPA or higher in at least 12 units of graded coursework at SF State. Strive for As and Bs each semester and if your cumulative GPA is 3.5 or higher in your last term, you are eligible for graduation honors!

Q: WHAT IS ACADEMIC PROBATION?
A: Students who earn less than a 2.0 SF State and/or Cumulative GPA at the end of a fall or spring semester are placed on academic probation and must improve their GPA to avoid disqualification.

You can raise your GPA most effectively by earning Bs or better or repeating a course for grade forgiveness.

UNDECLARED STUDENTS

Wondering how to choose a major?

TIP: Undeclared students have access to Exploring Majors: Pathway to Declaration, an iLearn resource that offers guidance on the major exploration process. Spend time this semester completing some of the activities to identify potential majors and schedule an appointment with your academic advisor to discuss your plans.

If you have decided on a major, it may be possible to declare online through your Student Center.