



uac
undergraduate
advising center

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Wrapping Up Your Last Year: Tips To Prep For Finals:

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Ready? Set. Go!

How To Prepare For Finals:

The last few weeks of classes can be stressful! Here are some tips to manage the last stretch:

1. Get your needed sleep! Remembering what you studied is actually harder to accomplish if you are sleepy or tired! Sometimes a good nights rest can be more helpful than trying to cram.

2. Remove Distractions: Notice how quickly time flies when your mindlessly scrolling? Consider turning off the TV and your phone while studying to avoid interruptions.

3. Mix study methods: Get creative and change things up! One size does not fit all, and different might be helpful for different subjects. Some studying styles include:

- Flash cards
- practice quizing
- paraphrase difficult topics
- Make visual aids

4. Office Hours: Check your syllabus for instructor office hours. Ask questions on tough topics, review past exams/quizes, and discuss grades

5. Prepare for your Spring 2022 Finals at these student services locations:

- [Tutoring and Academic Support:](#)
- [EOP Tutoring and Learning Support](#)
- [METRO Tutoring](#)
- [Disability Programs & Resource Center-](#) and [potential](#)

The final Issue is here along with the last few weeks of the Spring 2022 Semester! We hope that you have found this to be a helpful resource in your first year here with us at San Francisco State University!

Important Dates:

Credit/No Credit Option Deadline:
Friday, May 13, 2022

Withdrawal for documented serious and compelling reasons:
Friday, May 13, 2022

Last Day of Instruction:
Friday, May 13, 2022

Final Exams Begin:
Saturday, May 14, 2022



Only a few more weeks left of instruction before finals week begins. Check your course syllabi to confirm your finals!

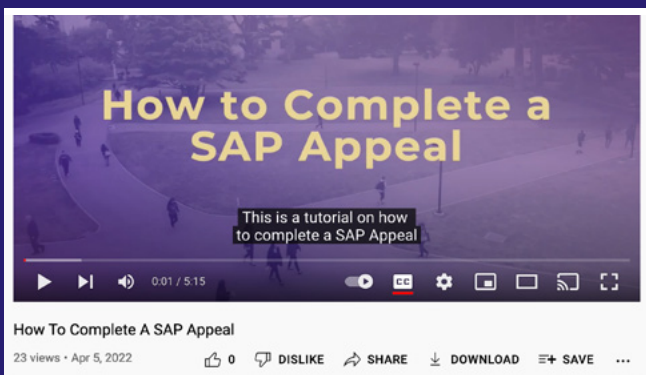


SAP HOLDS: What They Are and How to Follow Up

Satisfactory Academic Progress (SAP): The ratio of classes attempted vs classes passed. In order to maintain your financial aid eligibility, you must be at 67% completed or better.

Once holds are placed, you can still register for classes, but Financial Aid is withheld unless an appeal is submitted and approved.

Watch this [helpful video](#) on how to fill out and submit the SAP hold Appeal:



Overall notes:

- ◇ SAP rates are calculated every summer by Financial Aid
- ◇ If your SAP rate falls below 67%, a SAP hold is placed on your student center
- ◇ Grades that count as an attempt: F, I, NC, U, W, or RD
- ◇ Grades that count as completed: A, B, C, D or CR
- ◇ Transfer units are NOT included

Beyond Spring and Into the Future:

No Summer Plans? We Got You Covered.

Possibilities for Summer 2022

- **Take Summer Classes:** See our UAC summer registration [workshop video](#) on how to sign up for classes on our campus or community colleges. Classes are still available!
- **Internships or Jobs:** seasonal jobs are not just for the holidays!
 - Check [handshake](#) for campus summer jobs
 - Check SFSU's [Ulink for internships](#)
 - Volunteering is a great way to be involved in your [bay area community!](#)
- **Exploring Your World (On a Budget)!** From SF? New to the Bay? Visit our [beautiful parks!](#) California is also home to some of the most beautiful [national parks](#) in the world!
- **Plan for Future Summers:** Did you know SFSU [Study Abroad](#) Programs offers summer opportunities? Consider travel study for future summers!

