Undergraduate Advising Center

NEWSLETTER

San Francisco State University



A D V I S I N G . S F S U . E D U



INSIDE THIS ISSUE:

SF State Resources for Academic, Financial, and <u>Personal Well</u>ness

Page 2

Important Dates and Deadlines	1
Resources	2
Getting Connected at SF State	2
How to Find GPAs, Units Earned, & Degree Requirements	2
Where to Get Advising Help	2
Q & A : Class Level, Dean's List, Academic Probation	3
Undeclared Student Tips	3



Now - Feb. 11 Add /Drop Period

Add classes with instructor permission only. Last day to <u>drop without a W</u> is Friday, February 11.



Feb. 14 Return to Instruction on Campus

In-person classes planned to resume on campus. CHECK HERE FOR UPDATES



Feb. 18 Extended Spring 2022 Payment Deadline

Spring 2022 <u>tuition payment</u> deadline with no late fee has been extended to Friday, February 18.



Now Complete your 2022-23 FAFSA or California Dream Act Application

Apply before **March 2** to be considered for all aid.

Spring 2022: Dates from Registrar | GatorXperience Events & Activities

Financial Aid Info Sessions

Tues. February 15, 4:00-5:00pm or Tues. February 22, 12:30 - 1:30

Join us for an informational session about all things Financial Aid! We will be going over many frequently asked questions, such as: How to apply for aid, how eligibility is determined, understanding your award offer, and how to maintain eligibility. We would like to thank the Office of Student Financial Aid for being co-hosts for this workshop!

Watch your SFSU Email for Invite & Link!

SF STATE RESOURCES FOR ACADEMIC, FINANCIAL, AND PERSONAL WELLNESS

As you settle into the spring semester, take time to learn about campus resources that can support your academic, financial, and personal wellness as a student.

ACADEMIC

Professor Office Hours

Attend office hours to ask questions, seek help, and to get to know your professors. Check your course syllabus for information or contact your professor.

Tutoring and Academic Support Center (TASC)

Connect with <u>TASC</u> for free, online tutoring via appointment, drop-in, or group session. Work with tutors to strengthen your overall academic skills.

Disability Programs and Resource Center (DPRC)

Connect with <u>DPRC</u> for support with accessibility, including learning accommodations (if eligible).

FINANCIAL

Financial Aid

Connect with Financial Aid for questions related to your award. Be sure to complete any To Do List items on your Student Center and submit your 2022-2023 FAFSA or CA Dream Act application by March 2.

Scholarship Search

Learn how to find and apply for <u>scholarships</u> to help pay for tuition.

Find a part-time job on Handshake

Search for campus jobs and internship opportunities using <u>Handshake</u>, an online search platform managed by Career Services & Leadership Development.

PERSONAL

Health Promotions and Wellness (HPW)

Connect with HPW for health education opportunities in various areas such as nutrition, sexual health, mental health, and more. Food+Shelter+Success may be able to provide support related to food security, housing stability, economic crisis, and more.

Counseling and Psychological Services (CAPS)

CAPS provides a safe, confidential space to explore concerns such as stress, depression, alcohol and drug use, and more. Connect for individual counseling or group workshops.

Get Connected at SF State!

Find involvement opportunities at SF State this Spring...

Campus Events and Activities: GatorXperience
These are updated weekly - check back frequently.

Student Clubs and Organizations: Student Activities & Events (SAE)

Campus Speakers, Concert and Theatre Performances, Athletic Games and Academic Dates: University Calendar

Fitness Classes, Sports Clubs, Outdoor Activities: Campus Recreation

Community Service and Volunteer Opportunities: Institute for Civic and Community Engagement (ICCE)

Need Help?

If you need advising assistance, schedule an appointment with your assigned academic counselor or meet with them during their designated drop-in advising hours at the UAC for more immediate concerns.



In addition to completing GE and major requirements, you must also complete university requirements which include earning the following:

- A minimum 2.0 SF State, Combined Cumulative (includes college-level work from other institutions), and major GPA
- At least 120 units

Fortunately, you have a personalized <u>Degree Progress Report (DPR)</u> you can access from your Student Center that shows your progress toward these graduation requirements. Refer to the following sections of your DPR to find your GPAs and units earned.

University Requirements:

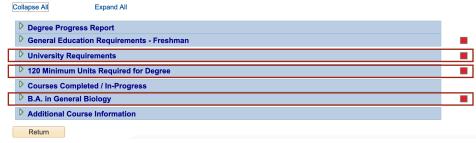
SF State and Cumulative GPAs are located in the Minimum Grade Point Average subsection and at the top

120 Minimum Units Required for Degree:

Shows units taken (includes courses that are in progress) and units needed to reach 120 units

Major Requirements (if declared): Major GPA is located at the beginning of this section

If you have questions about information in your DPR, or requirements remaining, check in with your academic counselor.



Follow us on Instagram!



UNDECLARED STUDENTS

Wondering how to choose a major?

TIP: The UAC has created a major exploration web page resource that offers guidance on the major exploration process. Spend time this semester completing some of the activities to identify potential majors and schedule an appointment with your academic counselor to discuss your plans.

If you have decided on a major, you may declare your major online through your Student Center if it is not impacted.



Q: WHAT IS MY CLASS LEVEL?

A: Your class level is based on total units earned and includes credit from other colleges and exams (i.e. AP/IB).

Freshmen = Less than 30 units earned Sophomore = 30-59 units earned Junior = 60-89 units earned

Senior = 90+ units earned

If your goal is to graduate in 4 years, plan to average 15 units per semester or 30 units per year (including summer).

Q: WHAT IS THE DEAN'S LIST?

A: This <u>scholastic distinction</u> is noted on your transcript when you earn a 3.25 term GPA or higher in at least 12 units of graded coursework at SF State. Strive for As and Bs each semester and if your cumulative GPA is 3.5 or higher in your last term, you are eligible for graduation honors!

Q: WHAT IS ACADEMIC PROBATION?

A: Students who earn less than a 2.0 SF State and/or Cumulative GPA at the end of a fall or spring semester are placed on academic probation and must improve their GPA to avoid disqualification.

You can raise your GPA most effectively by earning Bs or better or repeating a course for <u>grade</u> <u>forgiveness</u>.